

LEADERSHIP COACHING ROI QUICK-START WORKSHEET

Coaching is one of the most meaningful investments you can make in yourself. See how that investment can pay off in your confidence, your team, and your career growth.

*If you prefer, you can try my **3-minute Leadership Coaching ROI Calculator**. No math required.*

1. Calculate Your Financial ROI (Based on Your Next Promotion)

One promotion can easily pay for your coaching — and often much more.

Estimated promotion increase (annual): _____

Cost of coaching: _____

ROI = Promotion increase – Cost of Coaching

Your Financial ROI: _____

2. Time Savings (Productivity ROI)

A confident, aligned leader gets meaningful time back — every single week.

Hours saved per week from more team engagement: _____

Hours saved per month: _____

Annual hours saved: _____

Hourly value of your time: _____

Estimated annual productivity value: _____

3. Team Impact Multiplier

When you grow, your whole team grows with you.

Team size: _____

Average salary of team members: _____

Estimated productivity gain (%) across your team: _____

Total team impact value: _____

4. Turnover Prevention ROI

Strong leadership builds loyalty based on respect, trust, and shared goals to keep your best people committed.

Cost of replacing a team member (1.5–2x annual salary): _____

Estimated number of people retained due to improved leadership: _____

Estimated retention value: _____

5. Emotional ROI Indicators

These are the benefits you feel first — and they fuel everything else.

Rate how important each improvement is to you (1–5):

- Leadership presence: _____
- Stress reduction: _____
- Trust with team: _____
- Clarity and focus: _____
- Decision making: _____

Your Total Estimated ROI: _____

Next Step: Book a 30-minute leadership consultation to explore your goals and your coaching ROI.

Your next level of leadership is closer than you think.