

## LEADERSHIP COACHING ROI QUICK-START WORKSHEET

*Coaching is one of the most meaningful investments you can make in yourself. Use this worksheet to see how that investment can pay off in your confidence, your team, and your career growth.*

### 1. Calculate Your Financial ROI (Based on Your Next Promotion)

One promotion can easily pay for your coaching — and often much more.

Estimated promotion increase (annual): \_\_\_\_\_

Cost of coaching: \_\_\_\_\_

ROI = Promotion increase – Cost of Coaching

Your Financial ROI: \_\_\_\_\_

### 2. Time Savings (Productivity ROI)

A confident, aligned leader gets meaningful time back — every single week.

Hours saved per week from more team engagement: \_\_\_\_\_

Hours saved per month: \_\_\_\_\_

Annual hours saved: \_\_\_\_\_

Hourly value of your time: \_\_\_\_\_

Estimated annual productivity value: \_\_\_\_\_

### 3. Team Impact Multiplier

When you grow, your whole team grows with you.

Team size: \_\_\_\_\_

Average salary of team members: \_\_\_\_\_

Estimated productivity gain (%) across your team: \_\_\_\_\_

Total team impact value: \_\_\_\_\_

### 4. Turnover Prevention ROI

Strong leadership builds loyalty based on respect, trust, and shared goals to keep your best people committed.

Cost of replacing a team member (1.5–2x annual salary): \_\_\_\_\_

Estimated number of people retained due to improved leadership: \_\_\_\_\_

Estimated retention value: \_\_\_\_\_

### 5. Emotional ROI Indicators

These are the benefits you feel first — and they fuel everything else.

Rate how important each improvement is to you (1–5):

- Leadership presence: \_\_\_\_\_
- Stress reduction: \_\_\_\_\_
- Trust with team: \_\_\_\_\_
- Clarity and focus: \_\_\_\_\_
- Decision making: \_\_\_\_\_

**Your Total Estimated ROI:** \_\_\_\_\_

### Next Step:

Book a 30-minute leadership consultation to explore your goals and map out your personalized ROI.